

**Brendan Thorson**



**QigongEDU.com**  
**206-354-8216**  
**brendan.thorson@**  
**gmail.com Booth 5**

**Saturday 6:00 -7:30pm - Mt Rainier Sunday 12:30 - 1:45pm - Crystal Mt. H**  
**Transformational Energy Medicine for Stress, Chronic Health Conditions & Spiritual Development** Genesis Qigong is a heart-centered, grounding, energetic training to activate and cultivate energy into your body's chakras, organs, acupuncture pathways, muscles, joints and all body systems to recharge, strengthen and heal your mind-body-spirit. Learn tools to become an Energy Healer, Teacher and spiritual master.

\* Transform Stress & Anxiety \* Transform Aging to Increase Youthfulness & Vitality  
 Brendan Thorson is a master energy healer, energetic qigong instructor, published author, has a masters degree in acupuncture with over 20 years of experience in Reiki, energy work, healing and qigong instruction. He has fused Reiki & Qigong to create Genesis Qigong. He teaches people to become energy healers, qigong instructors and works with people with chronic health conditions.

**Free for Members\* \$15 at the door**

**Crystal B**



**Crystal-B-All.com**  
**MFBS.LLC@yahoo.com**  
**Booth 6**

**Saturday 6:00 - 7:00pm - Mill Creek Room**

**Sunday 1:00 - 2:00pm - Crystal Mountain Stage**

**Communicate at a Higher Frequency** Join Crystal on an exploration of aligning with their highest frequency to reconnect with past loved ones. Participants will experience an interactive session filled with insights, questions, answers and mini readings. Crystal has been blessed with her gift since birth, much like many of her clients. While she discovered how to harness her abilities later in life, she's now eager to share this knowledge with others. In this new age of Aquarius, countless beliefs and modalities have emerged. Yet, Crystal firmly believes—and knows—that the most essential tool is the self. Choosing her services means choosing to embrace oneself fully. Crystal is dedicated to guiding individuals through their path of self-discovery.

**\$20 for BEPC Members\* \$27 by 2PM Sat 4/27 \$35 at the door**

**Sue Vadi**



**LightSideMe.com**  
**themysticalme11@**  
**gmail.com**  
**Booth 74**

**Sunday 11:00 - 12:00pm - Crystal Mountain Hall**

**A Shamanic Journey: Healing Family Programs**

Ancestral healing and clearing help us break harmful cycles passed down through generations, fostering personal growth and resilience while honoring our roots. We'll discuss various scenarios, do a group healing/clearing and contribute to creating a healthier legacy for future generations, fostering personal growth, resilience, and connection to our roots. Sue is a claircognizant empath, using various magical tools and techniques. Her awakening journey began with realizing she deserved happiness and joy. Through various modalities, she's gained deep insights into behaviors and emotions. In sessions, she facilitates healing and empowers clients to rewrite their stories and reclaim their power.

**\$10 for BEPC Members\* \$15 at the door**

**Sol Turtlevine**



**TheShadowsEdgeLLC.com**  
**admin@theshadowse**  
**dgellc.com Booth 47**  
**360-842-1988**

**Sunday 4:30 - 6:00pm - Crystal Mountain Hall**

**The Elements: An Alchemic Sound Bath Journey**

Immerse yourself in a bath of healing vibrations that will transport you to a state of tranquility and inner peace. Come experience the power of "The Elements: An Alchemic Sound Bath Journey". Enjoy this sound bath therapy as it intertwines with mindful practices, creating a space for deep relaxation, rejuvenation, healing and grounding. Find your peace, balance and harmony in the present moment as Sol guides you through a 90-minute internal journey through healing frequencies and harmonies, guided meditation and intentional breathing.

No prior experience is required, all are welcome to attend this in-person event. So, bring your friends and loved ones to share this blissful experience together.

**FREE for BEPC Members\* \$45 Presale by 3pm 4/28 \$55 at the Door**

# BEPC Conscious Wellness Expo Speakers - Sat Apr 27, 2024

## Mill Creek Room - Speaking Area 1



### 10:00am **Psychic Panel of Audience Q&A with 20 Practitioners**

Practitioners from the Expo offer Intuitive Readings & Healings in response to audience questions. Get free support from Practitioners, be of service to the community in allowing everyone to learn from your questions and answers, expand your own intuition (see if the Panel's answers align with your insight) and learn who the Practitioners are as you get ready to go to their Booths.

**Kristi Putnam**



### 11:00am **Increase Your Joy in Life with a Vibrational UPgrade**

Discover how elevating your vibration through the transformative Vibrational UPgrade System can amplify joy in every facet of your life. Kristi trained with the founder of the Vibrational UPgrade System, Dr. Alison J. Kay for several years, attaining Usui Reiki Master level. Kristi is also a member of the International Association of Reiki Professionals. **Booth 49**

**UPEnergyMed.org 907-223-9073 K2putnam@gmail.com**

**Charlie Cardinal**



### 12:00pm **World Evolution: Big Changes are Happening!**

Explore the profound shifts unfolding in our world and gain insight into their deeper meaning. Charlie will share his interpretation of what is happening to our world and how to prepare energetically. As a Spiritual Intuitive Guide, he navigates this journey armed with innate spiritual gifts, without formal instruction. His path has been marked by numerous trials, each one a stepping stone to where he stands today. **Booth 86**

**CharlieCardinal.com 253-332-7626 redbirdsongs@gmail.com**

**Susy Davis**



### 1:00pm **Animal Communication with Demonstrations**

Explore the world of pet communication with Susy! In this captivating presentation, Susy will share her remarkable ability to connect with pets, past and present. Hear her inspiring story of how she discovered and utilizes her gift to help both animals and people. Whether you have questions about your current pet's behavior or seek closure with a cherished companion from the past, Susy's presentation promises to be an eye-opening and heartwarming experience. **Booth 16**

**360-701-5237 seeingthroughtheveil444@gmail.com**

**Donna Seebo**





### 2:00pm **Your Inner Genius, Your Psychic Self**

The Dynamics of Psychic Ability exist within all of us. Donna will be sharing with you the various ways those abilities can demonstrate themselves and how you can benefit from the development of your own unique skills. She will also be doing demonstrations with people in the audience. Donna Seebo is an Internationally known Mental Practitioner, Psychic, Talk Show Host/Producer of The Donna Seebo Show & Warriors for Peace, Minister, Speaker, Counselor & an Award-Winning Author, who has dedicated her work to the empowerment of others. **Booth 31**

**DelphiInternational.com 253-582-5604 donnaseebo@comcast.net**

## BEPC Conscious Wellness Expo Speakers - Sat Apr 27, 2024 Mill Creek Room - Speaking Area 1 (continued)

<p><b>Brendan Thorson</b></p> 	<p><b>3:00pm How Transformational Energy Medicine Works</b></p> <p>Learn how Energy Medicine can heal anxiety, chronic health conditions and support teachers and healers to become more enlightened. Brendan will explain how energy medicine works, from a western &amp; eastern perspective, using the chakras and energy pathways to heal health conditions and support students and teachers/healers to obtain higher levels of inner peace and spiritual development. Brendan Thorson is a master energy healer, energetic qigong instructor, published author, has a masters degree in acupuncture with over 20 years of experience in Reiki, energy work, healing and qigong instruction. <b>Booth 5</b></p> <p><b>QigongEDU.com 206-354-8216 brendan.thorson@gmail.com</b></p>
<p><b>Sue Vadi</b></p> 	<p><b>4:00pm Ancestral Healing &amp; Clearing</b></p> <p>Sue will lead you through an illuminating exploration of ancestral healing and clearing, where you will delve into breaking the cycles of generational patterns. Sue, an empath with claircognizance, will lead the discussion, offering insights into how these practices foster personal growth and resilience while honoring your lineage. Through a guided group healing and clearing session, participants will have the opportunity to contribute to creating a healthier legacy for future generations. <b>Booth 74</b></p> <p><b>LightSideMe.com themysticalme11@gmail.com</b></p>
<p><b>Leiann Stephenson</b></p> 	<p><b>5:00pm A CBD Conversation: Healing Organically</b></p> <p>Have you been looking for an open and insightful dialogue on CBD. Leiann will be covering CBD's optimal uses, methods for identifying top-quality products, and its potential benefits for your wellness regimen. Once you recognize the benefits of CBD you can begin your holistic healing journey. Leiann, with over 8 years of immersion in the recreational cannabis and hemp industries, adeptly intertwines her dedication to health and wellness with her knack for uniting exceptional individuals and products. <b>Booth 60</b></p> <p><b>HempressMarketplace.com 503-939-3993 leiann@hempresswholesale.com</b></p>

## BEPC Conscious Wellness Expo Speakers - Sat Apr 27, 2024 At Booth 73

<p><b>Laureli Shimayo</b></p>  	<p><b>6:00pm Metaphysical Spiritual Speed Dating</b></p> <p>Everyone will casually gather together and repeatedly pair up, like speed dating, switching every 10 minutes. To keep conversations playful, engaging, and real, Laureli will provide questions in the style of Authentic Relating Games to prompt conversation. Laureli Shimayo, Dating Coach, Matchmaker &amp; Authentic Relating Facilitator, will be facilitating the gathering. Everyone is welcome, regardless of age, preference, gender or relationship style. <b>Booth 73</b></p> <p><b>MatchmakingSoulmates.com 720-352-2434 laureli@thrive-wise.com</b></p>
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# BEPC Conscious Wellness Expo Speakers - Sat Apr 27, 2024

## Mount Rainier Room - Area 2

Frank Sarlo



### 11:00am **Healing Tools from the Ascended Masters: How to Achieve Health, Wholeness and Harmony in Your Life**

Frank will share knowledge of The Ascended Masters and how they've produced timeless instructions to free us from karma preventing humankind from realizing our true nature and power. He'll introduce practical tools on diet, exercise, pranayama, using the light of the chakras, visualization, meditation, and dynamic decreeing. With personal application these techniques can help anyone put their feet on the path to healing, enlightenment and soul freedom. **Booth G**

**TSLSeattle.org 301-318-3246 fsarlo@tsl.org**

Dr. Tina Huang



### 12:00pm **Optimize Your Health At The Speed of Light with Phototherapy Patches**

Struggling with chronic health issues? Feeling old? Tired of being in pain? Need more energy? Need help recovering from an injury or surgery? Need better sleep? Join us to learn about the amazing inventions developed by the Einstein of Energy Medicine! Dr. Tina has a Ph.D. in Neuroscience, completed postdoctoral fellowships in epidemiology, was Director of Research at Transparent Corporation and is a Holistic Brain Health Practitioner. **Booth 25**

**Lifewave.com/TinaHuang 425-780-6721 tryholisticbrainhealth@gmail.com**

Dr. Boston Carter



### 1:00pm **Lemurian Healing of the Soul: Returning Home**

Unravel the mystery of fate versus personal agency in your life with the transformative Archedomi® system. If you've found yourself caught in recurring cycles of rejection, conflict, confusion or betrayal, this presentation is for you. Discover how the Archedomi system empowers individuals to reclaim control over these patterns. Dr. Boston is a medical intuitive, theoretical psychologist and channels Lemurian Healing Energy. **Booth 41**

**HumanADifferentWay.com boston@elementalpatterns.com**

Alan McElroy



### 2:00pm **Game of Life - A Metaphysical Perspective**

Begin a journey of self-discovery as Alan explores the intricate connections between astrology, life lessons and past life energy. Uncover the answers to two fundamental questions: Why are You Here? Who Are You Really? This platform is dedicated to sharing Maitreya's wisdom, providing guidance for today and clarity for tomorrow. Our mission is to educate, inform, uplift and inspire each soul on their unique life journey through Margaret McElroy's channeled teachings. **Booth 1**

**Maitreya.co 206-482-4307 info@maitreya.co**

Alexa Budd



### 3:00pm **How & Why to Cleanse Pesticides, Herbicides & Daily Toxins from Our Bodies**




Experience the transformative power of a holistic approach to health with Alexa, a Board-Certified PA who has undergone a profound journey of self-discovery and redirection. Witness how her personal loss and subsequent health challenges led her to develop Dragonfly Healing and Wellness. Alexa's perspective sheds light on the importance of addressing congested pathways and drainage tracts caused by medications, pesticides, herbicides and other toxins in our daily lives. **Booth 58**

**DragonflyHealingAndWellness.com 734-635-8823 buddalexa@yahoo.com**

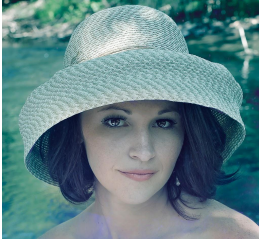



## BEPC Conscious Wellness Expo Speakers - Sat Apr 27, 2024 Mount Rainier Room - Area 2 (continued)

<p><b>Sheela Meduri</b></p> 	<p><b>4:00pm Quantum Meditation &amp; Spiritual Activation</b>            Unlock the power of New Earth frequencies and connect with your Higher Self, Angels and Guides in this transformative presentation. Led by Sheela, a gifted Energy Body Intuitive, participants will learn how to integrate these potent energies for personal growth and spiritual evolution. Specializing in energy body upgrades and cellular memory activations, Sheela will guide attendees on a journey towards greater alignment, clarity and expansion. <b>Booth 73</b></p> <p><b>BehaviorQuotient.com      sheela@behaviorquotient.com</b></p>
<p><b>Lisa Stewart</b></p> 	<p><b>5:00pm How to Start a Spiritual Business</b>            Discover the keys to launching your spiritual business in Lisa's dynamic presentation. From defining your niche to attracting clients authentically, gain actionable insights from an industry expert. Unlock your entrepreneurial spirit and turn your passion into a thriving venture! It's Lisa's mission to help people find the courage to co-create their magick to build their dreams by leveraging energy and intuition to make insightful decisions and build their confidence. <b>Booth 55</b></p> <p><b>CoCreateMagick.com      lisa@cocreatemagick.com</b></p>


## BEPC Conscious Wellness Expo Speakers - Sun Apr 28, 2024 Mill Creek Room - Area 1

	<p><b>10:00am Psychic Panel of Audience Q&amp;A with 20 Practitioners</b>            Practitioners from the Expo offer Intuitive Readings &amp; Healings in response to audience questions. Get free support from Practitioners, be of service to the community in allowing everyone to learn from your questions and answers, expand your own intuition (see if the Panel's answers align with your insight) and learn who the Practitioners are as you get ready to go to their Booths.</p>
<p><b>Serena Starlight</b></p> 	<p><b>11:00am The Astrology of Love: Taylor Swift, Meghan Markle &amp; Other Juicy Celebrity Charts</b>            Let's dive into the astrology of today's hottest couples to see what their relationships are like behind the scenes. Taylor Swift + Travis Kelce, Prince Harry + Meghan Markle, Kim Kardashian + Kanye West, and others (if time allows). Serena is an astrologer, alchemical manifester, writer, and reiki energy healer. She thrives on helping her clients better understand themselves and harness their deep capacity for self-healing and empowerment. <b>Booth 39</b></p>
<p><b>Kai Bertrand</b></p> 	<p><b>12:00pm Shadow Work: What is it and How to Start</b>            Shadow work makes you the detective investigating the thoughts, feelings and beliefs that are holding you back. Discover where they came from and how to release them forever. Kai Bertrand is a Hawaiian Kahuna, a shaman who works with spiritual energy. Kai is an energy healer, author, teacher, speaker and mentor. Her specialty is removing negative energy from people, places, and things. The supernatural has been a part of Kai's life from the beginning; she was able to see spirits, angels and demons before having names for them. <b>Booth 42</b></p> <p><b>HandsOnFire.buzz      Wakai66@hotmail.com      425-466-3309</b></p>

**BEPC Conscious Wellness Expo Speakers - Sun Apr 28, 2024**  
**Mill Creek Room - Area 1 (continued)**

<p><b>Tiffany Rose</b></p> 	<p><b>1:00pm Galactic Astrology: Are You a Starseed?</b>  Tiffany hosts a captivating exploration of Galactic Astrology as you delve into the intriguing question: Are You a Starseed? Discover how to unlock the mysteries of your cosmic blueprint and reveal the extraordinary story of your celestial origins. Intuitive Tiffany Rose, co-founder of MyStarseedFamily.com, is a Quantum Soul Guidance &amp; Galactic Astrology practitioner and Galactic Reiki Master. Tiffany empowers people to embrace their authenticity and live in alignment with their soul's purpose. <b>Booth 36</b></p> <p><b>IntuitiveTiffanyRose.com 541-525-5091 intuitivecoachtiffanyrose@outlook.com</b></p>
<p><b>Donna Seebo</b></p> 	<p><b>2:00pm Your Inner Genius, Your Psychic Self</b>  The Dynamics of Psychic Ability exist within all of us. Donna will be sharing with you the various ways those abilities can demonstrate themselves and how you can benefit from the development of your own unique skills. She will also be doing demonstrations. Donna Seebo is an Internationally known Mental Practitioner, Psychic, Talk Show Host/Producer of The Donna Seebo Show &amp; Warriors for Peace, Minister, Speaker, Counselor &amp; an Award-Winning Author, who has dedicated her work to the empowerment of others. <b>Booth 31</b></p> <p><b>DelphiInternational.com 253-582-5604 donnaseebo@comcast.net</b></p>
<p><b>Susy Davis</b></p> 	<p><b>3:00pm Animal Communication with Demonstrations</b>  Explore the world of pet communication with Susy! In this captivating presentation, Susy will share her remarkable ability to connect with pets, past and present. Hear her inspiring story of how she discovered and utilizes her gift to help both animals and people. Bring your pets along for an enriching experience! <b>Booth 16</b></p> <p><b>360-701-5237 seeingthroughtheveil444@gmail.com</b></p>
<p><b>Heather Hawk</b></p> 	<p><b>4:00pm Who Are My Spirit Guides?</b>  In this lively discussion, explore how to sense, work with and expand relationships with your spirit guides. Heather Hawk began channeling as a child. Her ancestors led her to energy medicine, a wealth of spirit guides and the channeled readings she provides online, at fairs and in her Portland-based practice. <b>Booth 90</b></p> <p><b>ZenShiWellness.com info@zenshiwellness.com</b></p>

**BEPC Conscious Wellness Expo Speakers - Sun Apr 28, 2024**  
**Mount Rainier Room - Area 2**

<p><b>Cielito Pascual</b></p> 	<p><b>11:00am A Hopeful Message for Humanity from Maitreya, the Christ</b>  Discover the impactful spiritual messages given by Maitreya through Benjamin Creme from 1977 to 1982. Join Cielito to explore the wisdom of just one message and experience Transmission Meditation—a powerful group practice for the Age of Aquarius. Cielito is a student of the Ageless Wisdom teachings and has practiced Transmission Meditation for over 30 years. <b>Booth 63</b></p> <p><b>Share-International.us 917-554-4849 srnmaitreya@gmail.com</b></p>
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# BEPC Conscious Wellness Expo Speakers - Sun Apr 28, 2024

## Mount Rainier Room - Area 2 (continued)

<p><b>John Thompson</b></p> 	<p><b>12:00pm Quantum Energy Secrets for Staying Healthy and Youthful</b>          Join John as he delves into the secrets of maintaining youth and vitality while embracing your divine essence. With over 47 years of study under highly evolved energy masters like Sathya Sai Baba, Ravi Shankar, Amachi and Nithyananda, John will share the profound wisdom he has gained from these spiritual luminaries. Enjoy an opportunity to unlock the keys to a vibrant and spiritually fulfilling life. <b>Booth 59</b></p> <p><b>Mother-Earth-Orgone.com jthompson@illumination-arts.com</b></p>
<p><b>Trudy Scott</b></p> 	<p><b>1:00pm Enjoy the 5th Dimension: Learn Easy Clearings to Lighten Up!</b>          Discover the wonders of the 5th dimension in this illuminating class! Participants will explore easy-to-follow clearings designed to uplift and lighten their energy. Gain insights into the offerings of this dimension and learn practical techniques for accessing and thriving within its realms. This presentation promises to be a transformative journey towards expanded consciousness and greater spiritual awareness. <b>Booth 43</b></p> <p><b>Trudylightclearings.etsy.com 11.11trudylight@gmail.com</b></p>
<p><b>Suma Isis</b></p> 	<p><b>2:00pm Billet Psychometry Mediumship Demonstration</b>          Here is a chance to enjoy a unique experience where attendees can write a note on an index card addressed to their Guardian Angels, Guides or departed loved ones in Spirit. Pose 1 to 3 questions and sign the card. With Suma's extraordinary gift of Psychometry and Mediumship, she will deliver Spiritual Messages based on the cards. <b>Booth 90</b></p> <p><b>Facebook.com/profile.php?id=100074842357746</b>  <b>206-566-9271 knowyourguardianangels@gmail.com</b></p>
<p><b>Cheri Deshaw</b></p> 	<p><b>3:00pm Dealing with Memory Issues Using Alternative Therapies</b>          One out of six people will deal with memory issues in their lifetime, including Dementia, Alzheimer's, ALS, Sports Head Injuries and Stress. Learn some alternatives to these situations an relief from stress, headaches, body pain and enhance your memory. Cheri has been active in alternative means of treatment for a wide variety of illnesses and conditions. She has designed and created many different modalities over the last 45 years to support her belief system that we are WHAT WE EAT, DRINK AND THINK. <b>Booth 35</b></p> <p><b>TheSpiritedAlchemy.com 928-821-4440 CheriDeShaw@gmail.com</b></p>
<p><b>Jessica Martin</b></p> 	<p><b>4:00pm Unlocking Your True Potential: Harnessing Control for a Blissful Mind, Body &amp; Spirit</b>          This session is specifically crafted for individuals who are tired of feeling stuck, lost and disconnected from their inner self. If you are seeking a practical and holistic approach to regain your health, vitality and purpose, then you have come to the right place. "Unlocking Your True Potential" offers you a practical roadmap to help you regain control over your life. Reaching into the depth of your mind, body and spiritual connection. <b>Booth 54</b></p> <p><b>JourneyingWithJessica.com 564-202-0758 hello@journeyingwithjessica.com</b></p>